

HEALTH

YOUR GREATEST TREASURE



Europejskie
Centrum
Zdrowia
Otwock

THE EUROPEAN HEALTH CENTRE OTWOCK



THE EUROPEAN HEALTH CENTRE



THE EUROPEAN HEALTH CENTRE OTWOCK comprises:
Cardiology–Oncology Hospital
Multidisciplinary Medical Complementary Training Centre
Experimental Medicine Centre

P O L A N D

O T W O C K



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It is our distinctive pleasure to inform you about our newly opened, state-of-the-art, **EUROPEAN HEALTH CENTRE OTWOCK**, located in the near proximity of Warsaw, in the south-eastern suburbs of Warsaw agglomeration.

The European Health Centre Otwock amalgamates tradition with innovation. The hospital building, modelled on a legendary sanatorium in Paimo, authored by Alvarn Aalto (the famous Finnish modernist), designed by Edgar Norwerth, has been entirely renovated and equipped with the most advanced medical systems in this part of Europe. Our Centre offers professional and friendly medical care provided by team of experts. Our professional and empathyful nurses, as well as friendly staff compliment doctors' work. Our facility offers 96 beds, 4 operating rooms and the following departments: Department of Cardiology, Department of Oncology, Onco-Surgery Department and General Surgery Department, Urology, Gynecology and Orthopaedics. There is also Intensive Care Unit and Cardiology Intensive Care Unit in the hospital.

The European Health Centre Otwock is one of the most technologically advanced radiology diagnostic centres. We offer the cutting edge diagnostic procedures that permit extremely accurate and precise patient diagnosis. The equipment we use is a world class technology that comprises 3T magnetic resonance Achieva 3T TX, 128-slice computer tomograph (CT) Brilliance iCT SP, digital mammo-graph with tomosynthesis image, digital X-ray cameras, modern digital ultrasound scanners, exercise treadmills, blood pressure monitors, Holter ECG monitors and many others. We provide affordable, professional, friendly and timely medical care in various areas.

ONCOLOGY

THE EUROPEAN HEALTH CENTRE OTWOCK

We provide full oncology service focused on accurate diagnosis and targeted treatment (invasive and non-invasive). Our Oncology Clinic is divided into three subdivisions: Stationary Clinic, Chemotherapy Department and Outpatient Clinic. **The Stationary Oncology Clinic** allows thorough diagnosis, chemotherapy treatment, but also early rehabilitation for our surgically treated patients. **The Chemotherapy Department** provides daily applications of chemotherapy and other supportive care therapies. **The Outpatient Clinic** allows an easy access for patients currently being treated or being admitted to the hospital.

ONCOLOGY DIAGNOSTIC SERVICES include, but are not limited to the following:

- laboratory testing (i.e. markers such as PSA, CEA, CA 19-9, CA 125, APF)
- monitoring of treatment progress using an advanced equipment: 128-slice computer tomograph, digital mammograph with tomosynthesis image, modern digital ultrasound scanners and 3T magnetic resonance.

IN-HOSPITAL AND OUTPATIENT ONCOLOGY TREATMENT includes:

- Chemotherapy that involves areas, such as: breast, ovaries, urinary bladder, prostate, testicles, lung, stomach, pancreas and colon
- Adjuvant hormonal therapy (breast, prostate cancers)
- Adjuvant immunotherapy of renal cancers
- Targeted therapy using monoclonal antibodies and kinase inhibitors in particular for breast, lung, pancreas, kidney and liver cancers
- Surgical treatment of breast cancer, ovary cancer, urinary bladder cancer, kidney cancer, prostate, lung, stomach, pancreas and colon
- Surgical treatment of disease in the metastasized stage with metastases in parenchymal organs and bones.





The European Health Centre Otwock provides an extensive cardiology treatment program including Coronary Intensive Care Unit, Laboratories such as Electrophysiology, Catheterization and Echocardiography. We also offer Cardiac Rehabilitation Program.

THE EUROPEAN HEALTH CENTRE OTWOCK

CARDIOLOGY

CARDIAC DIAGNOSTIC TESTS include, but are not limited to the following:

- Laboratory testing (for instance, troponin, CK-MB, lipid profile, glucose, homocystein, hs-CRP, fibrinogen, BNP, creatinine)
- ECG
- Exercise stress testing
- 24 hour ECG Holter monitoring
- Cardiac Catheterization and Coronarography
- CT coronary angiogram
- Cardiac rehabilitation

The European Health Centre Otwock offers complex care in subspecialized departments, such as UROLOGY, GYNECOLOGY, ORTHOPEDICS and NEUROSURGERY. We offer comprehensive health care, which is provided based on the state of art diagnostic tools and an advanced treatment. The post operation department involves 24/7 care monitoring system and continues advanced care provided by our doctors and nurses.

OTHER SPECIALTIES

UROLOGY, GYNECOLOGY, ORTHOPEDICS, NEUROSURGERY

GYNECOLOGY

Our GYNECOLOGY services include procedures such as: diagnostic and interventional hysteroscopy, surgical procedures via transabdominal and transvaginal access, and other advanced procedures used to stabilize the bottom of pelvis in women.

ORTHOPEDIC

The ORTHOPEDIC Department provides innovative surgical treatment of bone fractures with articular surface reconstruction, arthroscopy and ligament reconstruction, reconstruction of hereditary and acquired deformations of the costo-skeletal system (hip and knee endoproteses).

UROLOGY

The diagnostic procedures and minimally invasive procedures, we offer in UROLOGY, are as follows:

- Transurethral resection of the prostate (TURP)
- Transurethral vaporesction of the prostate (TUVRP)
- Transurethral needle ablation of the prostate
- Laser Photoselective Vaporization Prostatectomy
- Laparoscopic surgery of the prostate – total and partial prostatectomy
- Endoscopic procedures of the upper and lower urinary tracts
- Urological Surgery
- Laparoscopy of the urogenital system
- Diagnosis and treatment of the urine incontinence

NEUROSURGERY

The diagnostic procedures and minimally invasive procedures, we offer in NEUROSURGERY, are as follows:

- Pharmacological neuron blockade (CT based) to prevent painful experience in the spine area. The above advanced treatment provides an extra tool in diagnosing and treating painful degenerative spine syndromes, which might be undetectable using conventional diagnostic procedures such as X-Ray
- Qualification to spinal cord stimulation procedures in management of chronic pain
- Qualification to neurosurgical procedures in trigeminal nerve palsy
- Endoscopic operations in disc hernias in lumbar region (Destandau method)
- Endoscopic operations within the skull region: hypophyseal tumour resection (through nasal access)
- Functional Endoscopic Sinus Surgery, cerebrospinal rhinorrhoea plasty (inherited and post traumatic rhinorrhoea), sinus and paranasal tumour resection
- Endoscopic (through nasal) neurosurgical eye surgery including optic nerve decompression surgery
- Endoscopic tumour resection and/or biopsy of tumours in medial orbital area





The European Health Centre Otwock in Poland provides not only the state-of-the-art diagnostics and medical care, but also the comfort, recreation and relax to the whole family. Our mission is to provide high standard of medical care to our patients, and fulfill the spare time of their family members. Specially designed halls to meet patient's relatives and numerous local attractions provide our patients and their families with a unique experience throughout the hospitalization.

The European Health Centre Otwock Sp. z o.o.
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